 

Bulletin of

ROTARY CLUB OF TRIVANDRUM NORTH

**President: Rtn Ashok P Menon Secretry Rtn PP Sivaramakrishnan**

# October- Community and Economic Development

# President’s message

Dear members

Thanks to your whole-hearted co-operation the month of October was full of activities beginning with Dr M R R Menon memorial painting competition on 4th October followed by the observation of Global Handing Washing day on 5th October and culminating in the very satisfying Governor’s official visit on 28th October. We could complete a two star project in Poojappura UP School under WinS which was inaugurated by Governor in presence Rtn PDG Raghunath, District coordinator for WinS, Rtn Dr Thomas Vavani, District Chairman and DGN Rtn Suresh Mathew. We also distributed soaps and buckets to the school. An amount of Rs 10,000/- was given as educational assistance to the daughter of a part time employee in the school who is pursuing her MBBS in Medical college.

The evening family meeting was well attended in spite of the inclement weather. Governor in his address commented up on the excellent way the club conducts its activities. AG G M Pillai felicitated the club and observed that the club has kept all records in perfect order.

We have to take up nine more projects under WinS and I am sure that with your cooperation we must be able to complete them.

Warm Rotary Greetings

Rtn Ashok P Menon

# Presidential message



#### K.R. "Ravi" Ravindran

#### President 2015-16

Last month, after confirming a full year without a single case of wild poliovirus, Nigeria was removed from the list of the world's polio-endemic countries. It was the last polio-endemic country in Africa. Today, only two countries – Afghanistan and Pakistan – harbor the world's final reservoir of endemic poliovirus. As this issue of The Rotarian goes to press, global cases of polio in 2015 number only a few dozen.

The scale of this achievement can hardly be overstated. Polio has existed for millennia; it has plagued humanity since our earliest civilizations. Today, because of Rotary's work and that of our partners, the end is in sight. We are counting down not in years, but in months.

And yet, our success is as fragile as it is monumental. We are moving forward, slowly, steadily, inexorably – thanks to colossal efforts that never cease. We continue to vaccinate hundreds of millions of children in vast synchronized campaigns; we constantly monitor environments to prevent new outbreaks. The sheer scale of the effort – the coordination, the cost, and the commitment – boggles the mind.

Some ask why such high levels of immunization and surveillance are still needed to combat a disease that is almost gone. The answer is simple: It is the only way forward. If we did anything less – if we allowed the virus any quarter – years of work would be undone. We know too well how easily polio could spread again. We know how quickly our decades of progress could be lost. And this is why the months ahead are so tremendously important. We need your voice – to raise awareness, to raise funds, and to keep the momentum going. We need your strength to help fight this war until we have won.

On 24 October, we mark World Polio Day. I hope that on that day, all of you will take part in some way in our work to eradicate polio. I know that many of you intend to publicize this event on the club or district level; for those who have not yet made plans, there are still many ways to participate. Visit endpolionow.org for ideas, tools, sample press releases, and ways to donate. You'll also find the link to our livestream event; be sure to join in, and share it on social media.

This war of ours – which started as a war against polio but is also a war against hatred, against ignorance, against fear – this war will be won. It will be won soon. And when it is won, all of Rotary will have a story to tell – to the children, and the grandchildren, who will never see a leg brace or an iron lung, or know a world with polio in it.

Whether you are a Rotarian in Kano or Peshawar or Swat, in Seoul or Madrid or Chicago – you are a part of this story. Your part in it is one that only you can write. I ask you all to write it well – so that the story you will one day tell is one of which you will be proud.

**Introduction to Economic and Community Development**

Rotarians around the world are involved in projects that support investments in people to create measurable and enduring economic improvement in their lives and communities through:

Building capacity to support economic growth and reduce poverty

Developing opportunities for work

Providing scholarships in economic and community development

There are many ways to carry out a project that will impact the economic development of your community including:

* Initiating income generation activities to encourage greater self-sufficiency within the local economy
* Increasing access to markets or helping business owners market their goods
* Alleviating poverty

You can also:

* Provide scholarships for academic programs that help economic development professionals enhance their skills
* Supply vocational training or entrepreneurial training
* Help develop the leadership skills that community members need to work together for the improvement of the community
* **RotarianActionGroups  
  (RAGs)**
* Rotarian Action Groups (RAGs) leverage their expertise in their particular area of interest to support clubs and districts.
* TheRotarian Action Group for Microcredit and Community Development guides members  
   in planning and funding ECD activities.
* It co-hosts microcredit conferences and helps to advance the field of microcredit and community development worldwide.

**V o c at i o n a l S e r vi c e**

Membership in Rotary is based on a member’s vocation, with each club striving to create a microcosm of its community’s business and professional world. This unique feature provides the source for Rotary’s historic commitment to vocational service ,the second of Rotary’s four Avenues of Service. Through vocational service, Rotarians are expected to adhere to and promote high ethical standards in all their business dealings, recognize the worthiness of all useful occupations, and contribute their professional expertise and skills to addressing societal problems and needs. The club and its members share responsibility for promoting vocational service. Each club should develop projects that allow members to use their business and professional skills. Members are expected to contribute to these projects and to conduct their own business dealings in accordance with Rotary principles.

Historically, Rotarians have promoted the practice of high ethical standards as part of their commitment to vocational service. Two tools developed by Rotarians —The Four-Way Test and the Declaration of Rotarians in Businesses and Professions —provide a road map for practicing ethical behavior in the workplace and other areas of life.

The Four-Way Test was conceived in 1932 by Herbert J. Taylor, a member of the Rotary Club of Chicago who served as the 1954-55 president of Rotary International. Adopted by Rotary International in 1934, The Four-Way Test remains an essential standard against which Rotarians measure ethical behavior. The test has been translated into dozens of languages and promoted by Rotarians worldwide.

**DECLARATION FOR ROTARIANS IN BUSINESS AND PROFESSIONS**

As a Rotarian engaged in a business or profession, I am expected to

* Consider my vocation to be an opportunity to serve;
* Be faithful to the letter and to the spirit of ethical codes of my vocation, to the laws of my country and to the moral standard of my community;
* To do all in my power to dignify vocation and to promote the highest standards in my chosen vocation;
* Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship
* Recognize the honor & respect due to all occupations which are useful to the society
* Offer my vocational talents to provide opportunity, to young people, to work for the special needs of others and to improve the quality of life in my community;
* Adhere to honesty in my advertising and in all representations to the public concerning my business or profession;
* Neither seek nor grant to a fellow Rotarian, a privilege or advantage not normally accorded to others in a business or professional relationship

**THE 4 WAY TEST**

**of things we think, say or do**

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and better **FRIENDSHIP?**
4. Will it be **BENEFICIAL** to all concerned?

**I'm Getting Old From A to Z...**

A is for apple, and B is for boat,  
That used to be right, but now it won't float!  
Age before beauty is what we once said,  
But let's be a bit more realistic instead.  
  
A's for arthritis; B's the bad back, C's the chest pains, perhaps car-d-iac?   
  
D is for dental decay and decline,  
E is for eyesight, can't read that top line!  
F is for fissures and fluid retention,  
G is for gas which I'd rather not mention.  
H is high blood pressure--I'd rather it low;  
I is for incisions with scars you can show.  
J is for joints, out of socket, won't mend,  
K is for knees that crack when they bend.   
L is for libido, what happened to sex?  
M is for memory, I forget what comes next.  
N is neuralgia, in nerves way down low;  
O is for osteo, the bones that don't grow!   
P is for prescriptions, I have quite a few,  
just give me a pill and I'll be good as new!  
Q is for queasy, is it fatal or flu?  
R is for reflux, one meal turns to two.   
S is for sleepless nights, counting my fears,  
T is for Tinnitus; there's bells in my ears!  
U is for urinary; big troubles with flow;  
V is for vertigo, that's "dizzy," you know.   
W is for worry, NOW what's going 'round?  
X is for X ray, and what might be found.  
Y is another year I'm left here behind,  
Z is for zest that I still have-- in my mind.   
I've survived all the symptoms, my body's deployed,  
And I am keeping twenty-six doctors fully employed!!!



2nd October, 2015 Rtn Dr K Anand

22nd October Kiran, Annet of Rtn Dr K Anand

29th October Padma ann of Rtn Sivaramakrishnan

31st October Rtn PP Dr K Balakrishnan Nair



22nd October Rtn PP Dr P Madhava Kaimal & Rtyn Leela

**Mistakes**

If a barber makes a mistake, it's a *New Style*

If a driver makes a mistake, it is a *New Path*

If an engineer makes a mistake, It is a *New Venture*

If parents makes a mistake, it is a *New Generation*

If a politician makes a mistake, it is a *New Law*

If a scientist makes a mistake, it is a *New Invention*

If a tailor makes a mistake, it is a *New Fashion*